

Day	Week 1	Week 2	Week 3	Week 4	Breakfast
Sunday	Pasta (Shells) with mushroom cream sauce or with Tomato sauce bread	Lasagna fried bread Chees	Pasta	Spaghetti	Sandwiches with smoked
			Tomato sauce	Bolognese sauce	turkey
			green Peas	Carrots	Omlette
	Salat buffet	Salad buffet & Potatoes salad	Salad buffet & Potatoes salad	Salad buffet	Nesquik
	Fruit Salad	Fruit salad	Fruit Salad	Fruit Salad	Fresh Fruits
Monday	Strips of chicken filet in cream sauce	Chicken panee with Barbequesauce	Grill Chicken filet with mashroom sauce	Chicken Aisa Style with paprika	Tomato Cumcumber
	Potatoes	Potatoes	Potatoes	Rice	Toast baked with cheese
	Green Peas	Zucchini	Carrots	Salad buffet	Joghurt
	Salad buffet	Salad buffet & Potatoe salad	Salad buffet & Potatoes salad	Fresh Fruits	Fresh Fruits
	Fresh fruits	Fresh Fruits	Fresh Fruits		Cucumber, carrots sticks
Tuesday	Macarona Bechamel	Falafel	Koshari	Moussaka	Foul with egyptian bread
	Broccoli	Rice and fried bread	with roasted onion	Rice	Petit pan with chees spread
	Salad buffet, Thahina	Molochia	Salad buffet, Tahina	Bread	
	Potatoe salad	Tahina / pita bread	Fruits Salad	Salad buffet, Tahina	Jucie
	Fruit Salad	Salad buffet		Fruits Salad	Fresh Fruits
Wednesday		Fruit salad			Tomato Cumcumber
	Lentil- Potatoe Stew	Roasted potatoes	Mexican Chili	French Fries	Sandwiches with cheese
	Bread	Small meet balls	Rice	Beef burger	(gouda)
	Rice	carrots	Salad buffet & Pasta salad	Ketchup * Mayonaise	Toast with Nutela
	Salad buffet & Potatoe salad	Salad buffet	Fresh Fruits	Salad buffet	Cornflakes with milk
Thursday				Fresh Fruits	Fresh Fruits
					Cucumber, carrot-sticks
	Chicken panee with cream sauce	Grill saucise (Frankfurt)	Lasagna	Broccoli -Pasta	Sandwiches with smoked
		Brown rice / demiglace	fried bread Chees		
	French fries	Roastet potatoes			Joghurt plain and with fruit
	Salad buffet	Salad buffet	Salad-buffet		Honey
	Milk rice	Chocclate pudding	Milkrice	Salad buffet	
				Chocolate pudding	Fresh fruit
					Tomat Cucumber