

## DSH Restaurant Menu

### WEEK 1

Day	Breakfast	Lunch	Dessert
<b>Sunday</b>	Scrambled Eggs Bread Seasonal Fruits	Pasta Bechamel with Vegetables Salads	Fruit Salad
<b>Monday</b>	Foul / White cheese/ Bread Seasonal Fruits	Chilli con Carne + Rice Seasonable Vegetables Salads	
<b>Tuesday</b>	Yoghurt with honey Melted cheese with cucumber Seasonal Fruits	Chicken Shawerma (red Sauce) Rice Seasonable Vegetables Salads	
<b>Wednesday</b>	Sandwich Beef or chicken Luncheon Seasonal Fruits	Pasta Bolognaise Seasonable Vegetables Salads	
<b>Thursday</b>	Cereals (Cornflakes, Choco, Oats) with milk Seasonal Fruits	Chicken Strips Brown Sauce + Potatoes Salads	Jelly

### WEEK 2

Day	Breakfast	Lunch	Dessert
<b>Sunday</b>	Scrambled Eggs Bread Seasonal Fruits	Macaroni Bechamel Minced Meat Seasonable Vegetables Salads	Fruit Salad
<b>Monday</b>	Sandwich white cheese with greens Seasonal Fruits	Pasta Mushroom Sauce Seasonable Vegetables Salads	
<b>Tuesday</b>	Yoghurt with honey Cheese with cucumber Seasonal Fruits	Koshari Seasonable Vegetables Salads	
<b>Wednesday</b>	Foul / Taameya/ Bread Seasonal Fruits	Chilli con Carne + Rice Seasonable Vegetables Salads	
<b>Thursday</b>	Sandwich Turkey Seasonal Fruits	Chicken with vegetables Brown Sauce & Potatoes puree Salads	Milk Rice